

**Week 19**  
**MEAL PLAN**  
 May 13 - 19

**MONDAY**  
 ~Leftovers~  
 Southwest Pork Loin

**TUESDAY**  
 Chicken & Rice Casserole  
 Broccoli

**WEDNESDAY**  
 Slow Cooker  
 Onion Pork Tenderloin  
 Mashed Potatoes  
 Green Beans

**THURSDAY**  
 ~Leftovers~  
 Chicken & Rice Casserole  
 Onion Pork Tenderloin

**FRIDAY**  
 Wet Burrito  
 Tossed Salad

Soak pinto beans for tomorrows dinner

**SATURDAY**  
 Hot Dogs  
 Pasta Salad  
 Baked Beans

**SUNDAY**  
 Bratwurst Supper  
 Biscuits  
 Peach Cobbler

Soak black beans for tomorrows dinner

**SHOPPING LIST**

**Produce**

- 2 carrots
- 1 green pepper
- lettuce
- tomatoes
- 1 salad bag
- 3 lb red potatoes
- 1 pound baby carrots
- 1 lg red onion

**Meat**

- 2 chicken breasts
- 2 lb pork tenderloin
- 3 lbs ground beef
- 1 pkg hot dogs
- 3 lbs bratwurst links

**Frozen**

- 1 lb broccoli

**Refrigerated/Dairy**

- 8 oz sour cream
- 2 oz cheddar cheese, shredded
- 2 pounds Mexican blend cheese
- 1 pint pasta salad
- 1 roll biscuits (8)

**Canned**

- 1 can cream of chicken soup
- red cooking wine
- 2 green beans
- 2 (15oz) refried beans
- 2 (10oz) enchilada sauce
- 2 (8oz) tomato sauce
- 3 jars Heinz beef gravy
- 1 box chicken rice-a-roni
- 2 jars whole mushrooms
- 32 oz peach halves

**Dry/Baking**

- 1 box chicken rice-a-roni
- 1 envelope onion soup mix

**Bread/Bakery**

- 16 flour tortillas
- 1 pkg hot dog buns

**Pantry**

- onion
- pepper
- soy sauce
- dried onion flakes
- beef bouillon
- onion powder
- garlic
- potatoes
- butter
- milk
- salt
- cumin
- chili powder
- red pepper
- salad dressing
- ketchup
- mustard
- flour
- sugar
- baking powder

**Miscellaneous**