

Week 15
MEAL PLAN
April 15 - 21

MONDAY

**Cheese Pizza
 Salad**

TUESDAY

**Leftovers
 -Pork Shoulder**

from Sunday's dinner

WEDNESDAY

**Cubed Steak
 Egg Noodles
 Corn**

Soak pinto beans for
 tomorrows dinner

THURSDAY

**Fish Tacos
 Mexican Coleslaw
 Pinto Beans**

FRIDAY

**Parmesan Crusted Tilapia
 Quinoa
 Brussels Sprouts**

SATURDAY

**Leftovers
 -Fish Tacos
 -Mexican Coleslaw
 -Pinto Beans**

SUNDAY

**Ham
 Crowd Pleaser Potatoes
 Green Beans
 Deviled Eggs
 Biscuits/Rolls
 Carrot Cake**

SHOPPING LIST

Produce

- 1 bag salad
- 1 head cabbage
- 1 jalapeno
- 1 bunch green onions
- cilantro
- 2 cups carrots, grated

Pantry

- salad dressing
- steak sauce
- cornstarch
- egg noodles
- butter
- vegetable oil
- mayonnaise
- lime juice
- Siracha
- cumin
- salt
- panko breadcrumbs
- garlic
- black pepper
- Parmesan cheese
- lemon juice
- cream of chicken soup
- cooking spray

Meat

- 2 lb cube steak
- 6 lb ham

Frozen

- 1 cheese pizza
- 1 bag corn
- fish sticks (32)
- 1 lb tilapia fillets (4)
- 1 bag Brussels sprouts
- 2 lb hash browns

Refrigerated/Dairy

- 8oz sour cream
- 12oz cheddar cheese, shredded
- 3 biscuits (8)

Canned

- 1 (10oz) French onion soup
- 1 (15oz) pinto beans
- 3 (15oz) green beans
- 1 can crushed pineapple

Dry/Baking

- 1 pkg Au Jus gravy mix
- 1 box quinoa mix
- corn flakes cereal

Bread/Bakery

- 1 pkg corn tortillas (16)

Miscellaneous